

## Regular Courses 2010

Code	Individual Course	Duration (Hour)	Fee (Baht)
<b>1. Fundamental Courses</b>			
CSA101	Anatomy and Physiology*	60	19,000
CSA102	Body Massage*	60	21,000
<b>2. Spa Treatments (Massage)</b>			
CSA201	Basic Therapeutic Thai Massage	90	11,000
CSA202	Hot Stone Massage	60	19,000
CSA203	Invigorating Massage	60	19,000
CSA204	Oriental Foot Massage	60	9,000
CSA205	Shiatsu	60	15,000
<b>3. Spa Treatments (Beauty)</b>			
CSA301	Facial Treatments*	120	38,000
CSA302	Spa Treatments	60	19,000
CSA303	Haven Facial Treatments	60	19,000
CSA304	Hand, Foot, Nail and Waxing Treatments	90	21,000
<b>4. Holistic Treatments</b>			
CSA401	Indian Head Massage	30	9,000
CSA402	Basic Manual Lymphatic Drainage Massage	60	19,000
CSA403	Maya Massage	30	12,000
CSA404	Basic Ayurveda	90	30,000
CSA405	Mukha – Shirodara	30	19,000
CSA406	Aroma Baby Massage	12	5,000
CSA407	Basic Reflexology*	90	20,000
CSA408	Basic Reflexology	60	15,000
CSA409	Reiki 1	12	5,000
CSA410	Aromatherapy	120	30,000
CSA411	Aromatherapy	60	19,000
CSA412	Meditation	18	5,000
<b>5. Physiotherapy Treatments</b>			
CSA501	Deep Tissue Massage	60	19,000
CSA502	Therapeutic Exercise	60	19,000
<b>6. Fitness Programmes</b>			
CSA601	Sports Massage	60	19,000
CSA602	Gym Workout	45	15,000
CSA603	Fit and Fun Ball	45	15,000
CSA604	Super Stretch	45	15,000
<b>7. Spa Cuisine</b>			
CSA701	Healthy Cooking (Weekday)	30	22,000
CSA702	Healthy Cooking (Weekend)	12	9,000
<b>8. Development and Management</b>			
CSA801	Spa Development	30	43,000
CSA802	Spa Management	30	43,000

\* Accredited by CIBTAC



## Regular Calendar 2010

Period	Code	Course	Time	Fee (Baht)
<b>January</b>				
Jan 4 – 15	CSA101	Anatomy and Physiology	09.00 – 16.00	19,000
Jan 4 – 29	CSA301	Facial Treatments	09.00 – 16.00	38,000
Jan 11 – 15	CSA401	Indian Head Massage	09.00 – 16.00	9,000
Jan 11 – 22	CSA502	Therapeutic Exercise	09.00 – 16.00	19,000
Jan 11 – 29	CSA201	Basic Therapeutic Thai Massage	09.00 – 16.00	11,000
Jan 16 – 17	CSA702	Spa Cuisine	09.00 – 16.00	9,000
Jan 18 – 22	CSA801	Spa Development	09.00 – 16.00	43,000
Jan 18 – 29	CSA102	Body Massage	09.00 – 16.00	21,000
Jan 18 – 29	CSA408	Basic Reflexology (60 hours)	09.00 – 16.00	15,000
Jan 23 – 24	CSA702	Spa Cuisine	09.00 – 16.00	9,000
Jan 25 – 29	CSA701	Spa Cuisine	09.00 – 16.00	22,000
Jan 25 – 29	CSA802	Spa Management	09.00 – 16.00	43,000
Jan 25 – Feb 12	CSA304	Hand, Foot, Nail and Waxing	09.00 – 16.00	21,000
<b>February</b>				
Feb 1 – 12	CSA101	Anatomy and Physiology (TH)	09.00 – 16.00	19,000
Feb 1 – 12	CSA302	Spa Treatments	09.00 – 16.00	19,000
Feb 1 – 12	CSA411	Aromatherapy (60 hours)	09.00 – 16.00	19,000
Feb 8 – 12	CSA701	Spa Cuisine	09.00 – 16.00	22,000
Feb 15 – 16	CSA406	Aroma Baby Massage	09.00 – 16.00	5,000
Feb 15 – 26	CSA102	Body Massage (TH)	09.00 – 16.00	21,000
Feb 17 – 26	CSA602	Gym Workout	09.00 – 16.00	15,000
Feb 22 – 26	CSA403	Maya Massage	09.00 – 16.00	12,000
Feb 22 – 26	CSA701	Spa Cuisine	09.00 – 16.00	22,000
Feb 27 – 28	CSA702	Spa Cuisine	09.00 – 16.00	9,000
<b>March</b>				
Mar 1 – 12	CSA101	Anatomy and Physiology	09.00 – 16.00	19,000
Mar 1 – 12	CSA303	Haven Facial Treatments	09.00 – 16.00	19,000
Mar 4 – 5	CSA409	Reiki 1	09.00 – 16.00	5,000
Mar 8 – 12	CSA401	Indian Head Massage	09.00 – 16.00	9,000
Mar 8 – 26	CSA407	Basic Reflexology (90 hours)	09.00 – 16.00	20,000
Mar 13 – 14	CSA702	Spa Cuisine	09.00 – 16.00	9,000
Mar 15 – 19	CSA801	Spa Development (TH)	09.00 – 16.00	43,000
Mar 15 – 24	CSA604	Super Stretch	09.00 – 16.00	15,000
Mar 15 – 26	CSA102	Body Massage	09.00 – 16.00	21,000
Mar 15 – 26	CSA202	Hot Stone Massage	09.00 – 16.00	19,000
Mar 22 – 26	CSA802	Spa Management (TH)	09.00 – 16.00	43,000
Mar 29 – Apr 9	CSA101	Anatomy and Physiology	09.00 – 16.00	19,000
Mar 29 – Apr 9	CSA204	Oriental Foot Massage	09.00 – 16.00	9,000
Mar 29 – Apr 9	CSA302	Spa Treatments	09.00 – 16.00	19,000
Mar 29 – Apr 9	CSA402	Basic Manual Lymphatic Drainage	09.00 – 16.00	19,000
<b>April</b>				
Apr 3 – 4	CSA406	Aroma Baby Massage	09.00 – 16.00	5,000
Apr 10-11	CSA702	Spa Cuisine	09.00 – 16.00	9,000
Apr 19 – 23	CSA701	Spa Cuisine	09.00 – 16.00	22,000



Period	Code	Course	Time	Fee (Baht)
Apr 24 – 25	CSA702	Spa Cuisine	09.00 – 16.00	9,000
Apr 19 – 30	CSA102	Body Massage	09.00 – 16.00	21,000
Apr 19 – 30	CSA601	Sports Massage	09.00 – 16.00	19,000
Apr 19 – May 7	CSA201	Basic Therapeutic Thai Massage	09.00 – 16.00	11,000
<b>May</b>				
May 8 - 9	CSA702	Spa Cuisine	09.00 – 16.00	9,000
May 10 – 14	CSA801	Spa Development	09.00 – 16.00	43,000
May 10 – 19	CSA604	Super Stretch	09.00 – 16.00	15,000
May 10 – 21	CSA101	Anatomy and Physiology (TH)	09.00 – 16.00	19,000
May 10 – 21	CSA302	Spa Treatments	09.00 – 16.00	19,000
May 10 – June 4	CSA303	Facial Treatments	09.00 – 16.00	38,000
May 15 - 16	CSA702	Spa Cuisine	09.00 – 16.00	9,000
May 17 – 21	CSA802	Spa Management	09.00 – 16.00	43,000
May 20 – 21	CSA409	Reiki 1	09.00 – 16.00	5,000
May 24 – 28	CSA701	Spa Cuisine	09.00 – 16.00	22,000
May 24 – Jun 4	CSA102	Body Massage (TH)	09.00 – 16.00	21,000
May 24 – Jun 4	CSA203	Invigorating Massage	09.00 – 16.00	19,000
May 24 – Jun 4	CSA501	Deep Tissue Massage	09.00 – 16.00	19,000
May 24 – Jun 11	CSA404	Basic Ayurveda	09.00 – 16.00	30,000
May 31 – Jun 9	CSA603	Fit and Fun Ball	09.00 – 16.00	15,000
<b>June</b>				
Jun 7 – 18	CSA101	Anatomy and Physiology	09.00 – 16.00	19,000
Jun 7 – 18	CSA303	Haven Facial Treatments	09.00 – 16.00	19,000
Jun 14 – 15	CSA406	Aroma Baby Massage	09.00 – 16.00	5,000
Jun 14 – 18	CSA405	Mukha - Shirodara	09.00 – 16.00	19,000
Jun 21 – July 2	CSA102	Body Massage	09.00 – 16.00	21,000
Jun 21 – July 2	CSA202	Hot Stone Massage	09.00 – 16.00	19,000
Jun 21 – July 9	CSA302	Spa Treatments (90 hours)	09.00 – 16.00	19,000
Jun 21 – July 9	CSA304	Hand, Foot, Nail and Waxing	09.00 – 16.00	21,000
<b>July</b>				
Jul 5 – 9	CSA801	Spa Development	09.00 – 16.00	43,000
Jul 5 – 16	CSA101	Anatomy and Physiology	09.00 – 16.00	19,000
Jul 5 – 16	CSA302	Spa Treatments	09.00 – 16.00	19,000
Jul 12 - 16	CSA802	Spa Management	09.00 – 16.00	43,000
Jul 12 - 16	CSA401	Indian Head Massage	09.00 – 16.00	9,000
Jul 12 - 23	CSA411	Aromatherapy (60 hours)	09.00 – 16.00	19,000
Jul 12 - 23	CSA205	Shiatsu	09.00 – 16.00	15,000
Jul 17 – 18	CSA702	Spa Cuisine	09.00 – 16.00	9,000
Jul 19 – 23	CSA701	Spa Cuisine	09.00 – 16.00	22,000
Jul 19 – 30	CSA102	Body Massage	09.00 – 16.00	21,000
Jul 19 – Aug 6	CSA201	Basic Therapeutic Thai Massage	09.00 – 16.00	11,000
July 29 – July 30	CSA409	Reiki 1	09.00 – 16.00	5,000
<b>August</b>				
Aug 2 – 13	CSA101	Anatomy and Physiology (TH)	09.00 – 16.00	19,000
Aug 2 - 13	CSA202	Hot Stone Massage	09.00 – 16.00	19,000
Aug 2 – 13	CSA402	Basic Manual Lymphatic Drainage	09.00 – 16.00	19,000
Aug 2 – 27	CSA301	Facial Treatments	09.00 – 16.00	38,000



Period	Code	Course	Time	Fee (Baht)
Aug 4 - 13	CSA604	Super Stretch	09.00 - 16.00	15,000
Aug 7 - 8	CSA702	Spa Cuisine	09.00 - 16.00	9,000
Aug 16 - 25	CSA602	Gym Workout	09.00 - 16.00	15,000
Aug 16 - 27	CSA102	Body Massage (TH)	09.00 - 16.00	21,000
Aug 16 - 27	CSA408	Basic Reflexology (60 hours)	09.00 - 16.00	21,000
Aug 16 - Sep 3	CSA407	Basic Reflexology (90 hours)	09.00 - 16.00	20,000
Aug 21 - 22	CSA406	Aroma Baby Massage	09.00 - 16.00	5,000
Aug 21 - 22	CSA702	Spa Cuisine	09.00 - 16.00	9,000
Aug 23 - 27	CSA701	Spa Cuisine	09.00 - 16.00	22,000
Aug 28 - 29	CSA409	Reiki 1	09.00 - 16.00	5,000
Aug 30 - Sep 10	CSA101	Anatomy and Physiology	09.00 - 16.00	19,000
Aug 30 - Sep 10	CSA302	Spa Treatments	09.00 - 16.00	19,000
Aug 30 - Sep 24	CSA410	Aromatherapy (120 hours)	09.00 - 16.00	30,000
<b>September</b>				
Sep 1 - 10	CSA602	Fit and Fun Ball	09.00 - 16.00	15,000
Sep 6 - 10	CSA403	Maya Massage	09.00 - 16.00	12,000
Sep 6 - 10	CSA801	Spa Development (TH)	09.00 - 16.00	43,000
Sep 13 - 17	CSA802	Spa Management (TH)	09.00 - 16.00	43,000
Sep 13 - 17	CSA204	Oriental Foot Massage	09.00 - 16.00	9,000
Sep 13 - 24	CSA102	Body Massage	09.00 - 16.00	21,000
Sep 13 - 24	CSA502	Therapeutic Exercise	09.00 - 16.00	19,000
Sep 13 - Oct 1	CSA304	Hand, Foot, Nail and Waxing	09.00 - 16.00	21,000
Sep 18 - 19	CSA702	Spa Cuisine	09.00 - 16.00	9,000
Sep 20 - 24	CSA701	Spa Cuisine	09.00 - 16.00	22,000
Sep 27 - Oct 6	CSA602	Gym Workout	09.00 - 16.00	15,000
Sep 27 - Oct 8	CSA101	Anatomy and Physiology	09.00 - 16.00	19,000
Sep 27 - Oct 15	CSA404	Basic Ayurveda	09.00 - 16.00	30,000
Sep 29 - Oct 1	CSA412	Meditation	09.00 - 16.00	5,000
<b>October</b>				
Oct 2 - 3	CSA702	Spa Cuisine	09.00 - 16.00	9,000
Oct 4 - 8	CSA701	Spa Cuisine	09.00 - 16.00	22,000
Oct 4 - 8	CSA401	Indian Head Massage	09.00 - 16.00	9,000
Oct 4 - 15	CSA303	Haven Facial Treatments	09.00 - 16.00	19,000
Oct 7 - 15	CSA602	Fit and Fun Ball	09.00 - 16.00	15,000
Oct 11 - 22	CSA102	Body Massage	09.00 - 16.00	21,000
Oct 18 - 19	CSA406	Aroma Baby Massage	09.00 - 16.00	5,000
Oct 18 - 22	CSA701	Spa Cuisine	09.00 - 16.00	22,000
Oct 18 - 28	CSA604	Super Stretch	09.00 - 16.00	15,000
Oct 18 - 29	CSA203	Invigorating Massage	09.00 - 16.00	19,000
Oct 25 - Nov 19	CSA101	Anatomy and Physiology (TH)	09.00 - 12.00	19,000
Oct 25 - Nov 19	CSA102	Body Massage (TH)	13.00 - 16.00	21,000
Oct 25 - Nov 19	CSA301	Facial Treatments	09.00 - 16.00	38,000
<b>November</b>				
Nov 1 - 5	CSA401	Indian Head Massage	09.00 - 16.00	9,000
Nov 1 - 5	CSA701	Spa Cuisine	09.00 - 16.00	22,000
Nov 8 - 12	CSA801	Spa Development	09.00 - 16.00	43,000
Nov 8 - 19	CSA202	Hot Stone Massage	09.00 - 16.00	19,000
Nov 10 - 19	CSA602	Gym Workout	09.00 - 16.00	15,000



<b>Period</b>	<b>Code</b>	<b>Course</b>	<b>Time</b>	<b>Fee (Baht)</b>
Nov 15 – 19	CSA802	Spa Management	09.00 – 16.00	43,000
Nov 18 – 19	CSA409	Reiki 1	09.00 – 16.00	5,000
Nov 20 - 21	CSA702	Spa Cuisine	09.00 – 16.00	9,000
Nov 22 – Dec 1	CSA604	Super Stretch	09.00 – 16.00	15,000
Nov 22 – Dec 3	CSA101	Anatomy and Physiology	09.00 – 16.00	19,000
Nov 22 – Dec 3	CSA204	Oriental Foot Massage	09.00 – 16.00	9,000
Nov 22 – Dec 3	CSA411	Aromatherapy (60 hours)	09.00 – 16.00	19,000
Nov 22 – Dec 10	CSA201	Basic Therapeutic Thai Massage	09.00 – 16.00	11,000
Nov 27 – 28	CSA702	Spa Cuisine	09.00 – 16.00	9,000
Nov 29 – Dec 3	CSA701	Spa Cuisine	09.00 – 16.00	22,000
<b>December</b>				
Dec 4 – 5	CSA406	Aroma Baby Massage	09.00 – 16.00	5,000
Dec 13 – 24	CSA102	Body Massage	09.00 – 16.00	21,000
Dec 13 – 24	CSA302	Spa Treatments	09.00 – 16.00	19,000
Dec 13 – 24	CSA303	Haven Facial Treatments	09.00 – 16.00	19,000
Dec 18 – 19	CSA409	Reiki 1	09.00 – 16.00	5,000
Dec 18 – 19	CSA702	Spa Cuisine	09.00 – 16.00	9,000
Dec 20 - 24	CSA701	Spa Cuisine	09.00 – 16.00	22,000

**Color Code:**

**Blue = Weekday Course (Monday – Friday)**

**Pink = Weekend Course (Saturday – Sunday)**



## Special Packages 2010

Code	Programme	Duration (Hour)	Fee (Baht)
<b>PK1</b>	<b>Basic Programme</b>		
CSA101	Anatomy and Physiology	60	15,000
CSA102	Body Massage	60	17,000
CSA201	Basic Therapeutic Thai Massage	90	9,000
CSA302	Spa Treatments	60	15,000
	<b>Total</b>	<b>270</b>	<b>56,000</b>
<b>PK2</b>	<b>Advanced Programme (Health and Wellness)</b>		
CSA201	Basic Therapeutic Thai Massage	90	8,000
CSA409	Reiki 1	12	4,000
CSA501	Deep Tissue Massage	60	14,000
CSA604	Super Stretch	45	11,000
	<b>Total</b>	<b>207</b>	<b>37,000</b>
<b>PK3</b>	<b>Advanced Programme (Massage Therapy)</b>		
CSA201	Basic Therapeutic Thai Massage	90	8,000
CSA202	Hot Stone Massage	60	14,000
CSA204	Oriental Foot Massage	60	7,000
CSA401	Indian Head Massage	30	7,000
	<b>Total</b>	<b>240</b>	<b>36,000</b>
<b>PK4</b>	<b>Advanced Programme (Beauty Therapy)</b>		
CSA203	Invigorating Massage	60	14,000
CSA302	Spa Treatments	60	14,000
CSA303	Haven Facial Treatments	60	14,000
CSA304	Hand, Foot, Nail and Waxing Treatments	90	16,000
	<b>Total</b>	<b>270</b>	<b>58,000</b>
<b>PK5</b>	<b>Advanced Programme (Holistic Therapy)</b>		
CSA402	Basic Manual Lymphatic Drainage Massage	60	14,000
CSA403	Maya Massage	30	9,000
CSA407	Basic Reflexology	90	15,000
CSA409	Reiki 1	12	4,000
	<b>Total</b>	<b>192</b>	<b>42,000</b>
<b>PK6</b>	<b>Advanced Programme (Physiotherapy and Fitness Programme)</b>		
CSA502	Therapeutic Exercise	60	14,000
CSA601	Sports Massage	60	14,000
CSA603	Fit and Fun Ball	45	11,000
CSA604	Super Stretch	45	11,000
	<b>Total</b>	<b>210</b>	<b>50,000</b>
<b>PK7</b>	<b>Advanced Programme (Development and Management)</b>		
CSA801	Spa Development	30	40,000
CSA802	Spa Management	30	40,000
	<b>Total</b>	<b>60</b>	<b>80,000</b>



## Package Calendar 2010

Period	Code	Course	Time	Fee (Baht)
<b>January</b> Jan 18 – 29	PK7	Development and Management	09.00 – 16.00	80,000
<b>February</b> Feb 22 – Apr 9	PK5	Holistic Therapy	09.00 – 16.00	42,000
<b>March</b> Mar 1 – May 7	PK1	Basic Programme	09.00 – 16.00	56,000
Mar 8 – May 7	PK3	Massage Therapy	09.00 – 16.00	36,000
Mar 15 – 26	PK7	Development and Management (TH)	09.00 – 16.00	80,000
<b>April</b> Apr 19 – Jun 4	PK2	Health and Wellness	09.00 – 16.00	37,000
<b>May</b> May 10 – 22	PK7	Development and Management	09.00 – 16.00	80,000
May 10 – Jul 9	PK4	Beauty Therapy	09.00 – 16.00	58,000
May 31 – Jul 16	PK6	Physiotherapy and Fitness Programme	09.00 – 16.00	50,000
<b>June</b> Jun 7 – Aug 6	PK1	Basic Programme	09.00 – 16.00	56,000
<b>July</b> Jul 5 – 16	PK7	Development and Management	09.00 – 16.00	80,000
Jul 19 – Sep 10	PK3	Massage Therapy	09.00 – 16.00	36,000
<b>August</b> Aug 30 – Oct 29	PK4	Beauty Therapy	09.00 – 16.00	58,000
<b>September</b> Sep 6 – 17	PK7	Development and Management (TH)	09.00 – 16.00	80,000
<b>October</b> Oct 11 – Nov 26	PK5	Holistic Therapy	09.00 – 16.00	42,000
Oct 25 – Dec 10	PK1	Basic Programme (TH)	09.00 – 16.00	56,000
Oct 25 – Dec 10	PK2	Health and Wellness	09.00 – 16.00	37,000
<b>November</b> Nov 8 - 19	PK7	Development and Management	09.00 – 16.00	80,000
Nov 8 – Dec 24	PK6	Physiotherapy and Fitness Programme	09.00 – 16.00	50,000

## Diplomas 2010

Code	Diploma	Duration (Hour)	Fee (Baht)
<b>DP1</b>	<b>Swedish Massage**</b>		
	Anatomy and Physiology	60	
	Body Massage	60	
	<b>Total</b>	<b>120</b>	<b>38,000</b>
<b>DP2</b>	<b>Facial Treatments**</b>		
	Anatomy and Physiology	60	
	Body Massage	60	
	Facial Treatments	120	
	<b>Total</b>	<b>240</b>	<b>70,000</b>
<b>DP3</b>	<b>Spa Treatments***</b>		
	Anatomy and Physiology	30	
	Shiatsu	60	
	Spa Treatments	90	
	Indian Head Massage	30	
	Basic Manual Lymphatic Drainage	60	
	Basic Reflexology	60	
	Reiki 1	12	
	Meditation	18	
	Aromatherapy	120	
	<b>Total</b>	<b>480</b>	<b>80,000</b>

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## Diploma Calendar 2010

Period	Code	Course	Time	Fee (Baht)
<b>January</b>				
Jan 4 – 29	DP1	Swedish Massage	09.00 – 16.00	38,000
<b>February</b>				
Feb 1 – 26	DP1	Swedish Massage (TH)	09.00 – 16.00	38,000
<b>March</b>				
Mar 1 – 26	DP1	Swedish Massage	09.00 – 16.00	38,000
Mar 29 – Apr 30	DP1	Swedish Massage	09.00 – 16.00	38,000
Mar 29 – Jun 4	DP2	Facial Treatments	09.00 – 16.00	70,000
<b>May</b>				
May 10 – Jun 4	DP1	Swedish Massage (TH)	09.00 – 16.00	38,000
<b>June</b>				
Jun 7 – Jul 2	DP1	Swedish Massage	09.00 – 16.00	38,000
Jun 7 – Sep 24	DP3	Spa Treatments	09.00 – 16.00	80,000
<b>July</b>				
Jul 5 – 30	DP1	Swedish Massage	09.00 – 16.00	38,000
Jul 5 – Aug 27	DP2	Facial Treatments	09.00 – 16.00	70,000
<b>August</b>				
Aug 2 – 27	DP1	Swedish Massage (TH)	09.00 – 16.00	38,000
Aug 30 – Sep 24	DP1	Swedish Massage	09.00 – 16.00	38,000
<b>September</b>				
Sep 27 – Oct 22	DP1	Swedish Massage	09.00 – 16.00	38,000
Sep 27 – Nov 19	DP2	Facial Treatments	09.00 – 16.00	70,000
<b>October</b>				
Oct 25 – Nov 19	DP1	Swedish Massage (TH)	09.00 – 16.00	38,000
<b>November</b>				
Nov 22 – Dec 24	DP1	Swedish Massage	09.00 – 16.00	38,000