



## Regular Courses 2010

Code	Individual Course	Duration (Hour)	Fee (Baht)
<b>1. Fundamental Courses</b>			
CSA101	Anatomy and Physiology*	60	19,000
CSA102	Body Massage*	60	21,000
<b>2. Spa Treatments (Massage)</b>			
CSA201	Basic Therapeutic Thai Massage	90	11,000
CSA202	Hot Stone Massage	60	19,000
CSA203	Invigorating Massage	60	19,000
CSA204	Oriental Foot Massage	60	9,000
CSA205	Shiatsu	60	15,000
<b>3. Spa Treatments (Beauty)</b>			
CSA301	Facial Treatments*	120	38,000
CSA302	Spa Treatments	60	19,000
CSA303	Haven Facial Treatments	60	19,000
CSA304	Hand, Foot, Nail and Waxing Treatments	90	21,000
<b>4. Holistic Treatments</b>			
CSA401	Indian Head Massage	30	9,000
CSA402	Basic Manual Lymphatic Drainage Massage	60	19,000
CSA403	Maya Massage	30	12,000
CSA404	Basic Ayurveda	90	30,000
CSA405	Mukha – Shirodara	30	19,000
CSA406	Aroma Baby Massage	12	5,000
CSA407	Basic Reflexology*	90	20,000
CSA408	Basic Reflexology	60	15,000
CSA409	Reiki 1	12	5,000
CSA410	Aromatherapy	120	30,000
CSA411	Aromatherapy	60	19,000
CSA412	Meditation	18	5,000
<b>5. Physiotherapy Treatments</b>			
CSA501	Deep Tissue Massage	60	19,000
CSA502	Therapeutic Exercise	60	19,000
<b>6. Fitness Programmes</b>			
CSA601	Sports Massage	60	19,000
CSA602	Gym Workout	45	15,000
CSA603	Fit and Fun Ball	45	15,000
CSA604	Super Stretch	45	15,000
<b>7. Spa Cuisine</b>			
CSA701	Healthy Cooking (Weekday)	30	22,000
CSA702	Healthy Cooking (Weekend)	12	9,000
<b>8. Development and Management</b>			
CSA801	Spa Development	30	43,000
CSA802	Spa Management	30	43,000

\* Accredited by CIBTAC